Berkley Infection Control Guidance (April 2020)
Non-PPE Comfort Mask

IMPORTANT
- Comfort masks **do not** offer the health care worker any protection against COVID-19.
- Do not touch the comfort mask during client care activities. If a comfort mask needs to be adjusted or removed, perform hand hygiene with alcohol-based waterless hand gel or soap and water before and after touching the mask.

Use a comfort mask when:
- When providing care to all clients who are not infected with COVID-19 or who have resolved COVID-19

Do not use a comfort mask when:
- Caring for a client with any signs or symptoms of respiratory illness
- During procedures that generate splashes or sprays of blood or body fluids
- Caring for a client who has been exposed to, has pending testing, or is confirmed positive for COVID-19

Important: Comfort masks must be removed, and appropriate masks must be applied for client care activities that require a medical surgical mask or N95.

Types of comfort masks:
- Cloth masks: Should ideally be made of fabric that is breathable, washable, and tightly woven.
- Disposable masks not approved for health care use (not effective in protecting against moisture)

Care for comfort masks:
- Cloth masks should be laundered daily with hot water and detergent.

Learn more:
Visit the cdc.gov website for additional information about the Use of Cloth Face Coverings to Help Slow the Spread of COVID-19.